# The Leader Intensive

Individuals

## Description

The Leader Intensive is a deep-dive, 1:1 experience designed to help you start down the path to becoming a leader that others love to follow.

There are 6 sessions and each one is designed to unpack a different aspect of your leadership to help you understand yourself better, and then equip you with how to use that awareness to make you more effective at everything you do.

At the end, we will develop a Gameplan to put what you learn into practice so you can start working toward your personal goals as a leader.

#### **Outcomes**

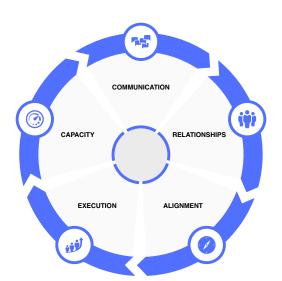
Our intensives will help you experience:

- Deep understanding of your Leadership Voice, Style, and Role in the team
- Clarity on how your story and those around you impact your productivity
- Thorough Action Plan for driving productivity and satisfaction at work and at home

## Add-ons



1:1 Coaching





## The Story Intensive

The Story Intensive is designed to help us unpack and understand your perspective and where you came from because we believe your story shapes who you are and why you do what you do. The better we know ourselves, the better we can lead ourselves.



#### The Voice Intensive

The Voice Intensive is designed to help us understand and unlock your Leadership Voice - the unique strengths, perspectives, challenges, and skills you bring to the table. Owning your Voice is crucial to maximizing your potential and performance.



### The Choice Intensive

The Choice Intensive is designed to help us understand the various "pains" and "gains" that drive most of our life's decisions at home and at work. Knowing these core motivations, will not only help us avoid mistakes driven by unhealthy fears, but it will also help us make the kind of informed and effective decisions that allow us to maximize our efforts in achieving the goals we set for ourselves going forward.



### The Rhythm Intensive

The Rhythm Intensive is designed to help you analyze and optimize the Rhythms of your life and work so you can be more present and productive in all you do. We will equip you with tools to help you understand your unique tendencies and then we will work toward establishing an intentional Rhythm for your life that is tailored to your unique leadership style so you can bring your best everyday.



## The Relationships Intensive

The Relationships Intensive is designed to help you understand and improve the five most important relationships in your life because it is these key relationships that will provide either the greatest challenge or opportunity for your success. Prioritizing and increasing the health of these relationships will not only make you happier, less stressed, and more fulfilled, but it will also help you maximize your productivity.



### The Gameplan Intensive

The Gameplan Intensive is designed to help you consolidate and focus all the insights you've gathered from the Intensive process into a powerful action plan that will help you take productive steps toward your biggest goals in life and at work.

